

# Indiana's Tobacco Burden

317.234.1787  
www.itpc.in.gov  
www.WhiteLies.tv  
www.voice.tv



Tobacco use is the single most preventable cause of death and disease in the United States. Annually cigarette smoking causes more deaths than alcohol, AIDS, car accidents, illegal drugs, murders and suicides, combined. The impact of tobacco on the Indiana is staggering, costing Hoosiers 10,200 lives each year.

Data shown here are smoking rates for Indiana and some comparisons with the U.S. This data illustrates the great burden smoking places on all Hoosiers.

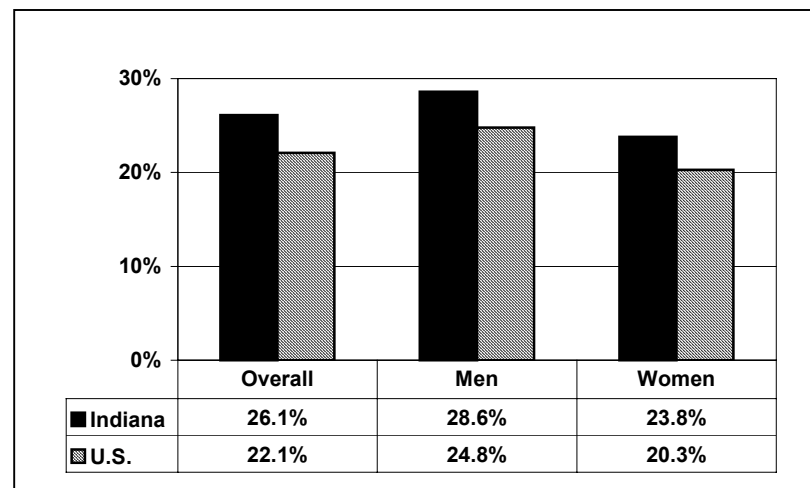
## Indiana Adult Smoking Rates

- Nearly 1.2 million adults in Indiana smoke cigarettes, or 26% of the State's adult population. Indiana ranks 6<sup>th</sup> among all states in adult smoking prevalence and is consistently higher than the U. S., with the adult smoking rate of 22%.
- Approximately 29% of adult men and 24% of women in Indiana smoke.
- The smoking rate for African Americans (32%) is slightly higher for Whites (25%) and Latinos (24%).

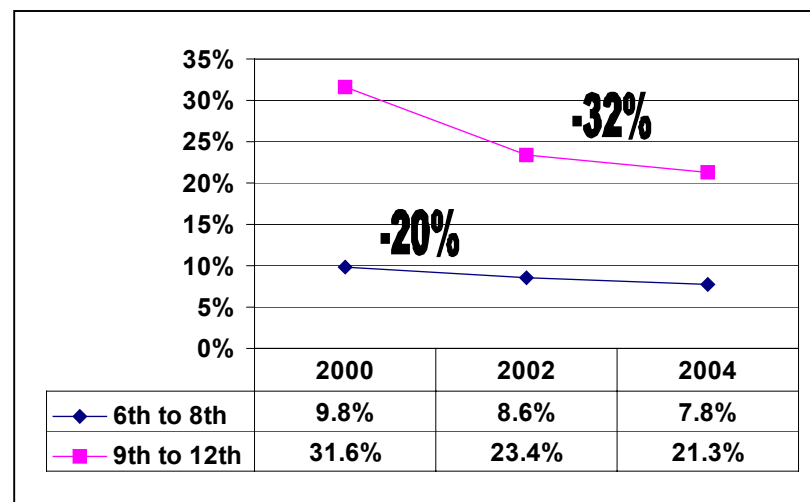
## Indiana Youth Smoking Rates

- High School Smoking** – 21%. A 32% decline from 31.6% in 2000 to 21.3% in 2004. **Middle School Smoking** – 8%. A 20% decline from 9.8% in 2000 to 7.8% in 2004. These decreases in youth smoking bring Indiana below the national averages.
- Smoking rates among race/ethnic groups at the middle school level are similar for Whites (8.1%), African Americans (6.2%) and Latinos (8.1%). However, the rate for White (22.3%) high school students is higher than rates for African American (12.6%) and Latino (22.7%) students.

## Adult Smoking Rates, Indiana vs. U.S., 2003



## Indiana Youth Smoking Rates, 2000-2004



# Indiana's Tobacco Burden

317.234.1787  
www.itpc.in.gov  
www.WhiteLies.tv  
www.voice.tv



## Smoking by Pregnant Women in Indiana

- Indiana's smoking rate among pregnant women has declined to 19% from 21% in 1999. However this is still one of the highest smoking rates in the country.
- County rates range from 37% to 7%. Sixty-eight (68) of Indiana's 92 counties have a smoking during pregnancy rate higher than the Indiana average. All but three Indiana counties have a smoking during pregnancy rate higher than the United States average.
- Smoking during pregnancy is associated with poor health outcomes, such as low birth weight, growth retardation, and spontaneous abortions. Prenatal exposure to secondhand smoke is also harmful to children affecting mental development.

## Indiana's Tobacco Policies

Cigarette excise tax: 55.5 cents

- The average state tobacco tax is 84.5 cents, with taxes ranging from \$2.46 to 5.0 cents.
- Limited statewide restrictions on smoking in worksites and public places – Seven out of ten adult indoor workers are covered by a smoke-free worksite policy in Indiana.

## What Tobacco Costs Indiana

- Medical costs related to smoking in Indiana: \$1.9 billion annually
- Medicaid expenditures directly related to tobacco: \$448 million
- For every pack of cigarettes sold in Indiana, Hoosiers spend \$5.73 in health care costs related to smoking.

Smoking rates of Hoosiers illustrate why tobacco use greatly impacts our State. Through Indiana's comprehensive tobacco control program we continue to raise Hoosiers' awareness of tobacco prevention and control issues. These tobacco control efforts are beginning to be realized through reductions in youth smoking, but it will take some time before we will see declines in Indiana high adult and pregnant women smoking rates. Join the fight so all Hoosiers can live without tobacco!

Sources: 2002 Indiana Adult Tobacco Survey; 2003 Behavioral Risk Factor Surveillance Survey; 2000-2004 Indiana Youth Tobacco Survey; 2004 National Youth Tobacco Survey; Campaign for Tobacco Free Kids <http://tobaccofreekids.org/research/factsheets/pdf/0097.pdf>; 2002 Indiana Birth Certificate Data; National Vital Statistics Report, "Smoking During Pregnancy in the 1990s", 2001; Centers for Disease Control and Prevention. Sustaining State Funding for Tobacco Control: Data Highlights-2004.